

Portrait of a fighter - Elisa Melgaard

Tekst: Debbie Lynch



From the left: Irina Andersen, Debbie Lynch and Elisa Melgaard

Sometimes when I sit back and see how things are going, I am reminded that at the end of the day the girls who come through are the ones who fight the most, who believe in themselves no matter what happens, not just during a game but also with the technical, tactical, physical

and mental elements of our very complex sport. They also have to have control over their lives, school, homework, friends, etc. to have a strong will to succeed and to have a good supporting family and team around her.

I noted last week that one of these girls has now made it onto the Danish National Team to play the U17 8 nations team tournament in April. I am proud and happy for her. We do not see

each other so much anymore, she had to move on at the right time to a bigger club. She has also had a hard season with injuries but I will always remember her and also the fact that she stayed one extra year in her old club to help them in the senior divisions and to work further with her personal coach on all aspects of her play. I know from experience that there are very few who do this, everybody just zooms ahead without thinking of the long term strategy or consequences.

We have had also our ups and downs, nothing is so Nice and Easy. Two fantastic trips to Israel that made me realise that we have a fighter here who really wants to succeed in this sport. I am writing this in English because I know that there are many people throughout Europe who know Elisa, how she trains and plays and will want to know how is she doing, how is she progressing.



From the left: Debbie Lynch and Elisa Melgaard

Elisa, good luck for the future, keep working hard - you deserve success.

And a little footnote: Michelle who was the subject of a Girls in Sport article on Facebook a few months ago has also been picked for the same team tournament. Well done!